

ULTRASOUND PREPARATIONS:

Abdominal: Adults > Nothing by mouth for 8 hours before the test. No smoking, candy or gum.
0 to 3 years old > Fast for 4 hours before the test.
4 to 10 years old > Fast for 6 hours before the test.
11 years and older > Fast for 8 hours before the test.

Medications may be taken with a sip of water if necessary. Diabetic patients booked in early morning slots.

Aorta for Aneurysm: Nothing by mouth for 8 hours before the test.

Pelvic: Adults > Finish drinking 1 litre of water 1 hour before the test and **Do Not** empty bladder.
0 to 3 years > Encourage child to drink 8-12 oz of water 1 hour prior to the test.
4 to 13 years > Encourage child to drink 12-20 oz of water 1 hour prior to test and **Do Not** empty bladder.
13 years and older > 20-32 oz of water prior to the test and **Do Not** empty bladder.

Abdominal/Pelvic: Nothing to eat or drink for 8 hours prior except for 1 litre of water finished 1 hour before the test and **Do Not** empty bladder.

Renal: Adults > Finish drinking 24-32 oz of water 1 hour before the test and **Do Not** empty bladder.
Children > Same prep as for pelvic.

Pyloric Stenosis: Fasting 3 to 4 hours before the test. Bring bottle of water for baby if possible.

Baby Hips: Fasting for 3 hours before the test. Bring bottle of formula or expressed milk for use during the test. If baby does not take a bottle, mother should breast feed just before the test.

Baby Spine: Bring bottle of formula or expressed milk for use during the test.

Obstetrics:

- > **05 to 14 weeks** Empty the bladder 2 hours before the test. One hour before the test, finish drinking 1 litre of water and **Do Not** empty bladder.
- > **14 to 16 weeks** Finish drinking ½ litre of water 1 hour before the test and **Do Not** empty bladder.
- > **Over 17 weeks** No prep is required.
- > **Over 28 weeks** Mother should have a light snack 30 minutes before the exam.

Please ensure that your patient has received the proper preparation for their test.